

WHO SHOULD ATTEND EMMAUS?

Emmaus is open to members of any Christian denomination.

Emmaus is for the development of people who:

- Wish to strengthen their spiritual lives.
- Have unanswered questions about prayer, study or sharing their faith.
- Have responsibility in the church or the world.
- Need space to look again at their Christian faith.
- Are willing to dedicate their everyday lives in service to God and others.



ARE YOU INTERESTED?

We invite you to spend a refreshing weekend meeting Jesus as He comes to you through other Christians.



For more information on Emmaus please visit our website:

Emmauswalks.ie

**A 3-day
Programme
for
Christian Growth
and
Leadership**

A JOURNEY WITH CHRIST

The Gospel of Luke relates the story of two disciples of Jesus who were going along the road from Jerusalem to Emmaus. An unknown person joined them and explained the scriptures as they walked. Towards the end of their day's travel, they urged the stranger to eat with them. As the stranger took bread, blessed, broke and shared it with them, their eyes were opened and they recognised the risen Christ. Then they rushed back to Jerusalem to share the good news with others. (Luke 24:13-35)

THE HISTORY OF EMMAUS

The above story provides the background for the Walk to Emmaus. Originating from *Cursillo de Christendad* (Spanish for 'short course in Christianity') it began in Spain in the 1940's. Cursillo moved to America in the late 1950's. In 1981, the United Methodist Church of America formed the twin organisation called 'The Walk to Emmaus', which now has inter-denominational communities throughout the world. The first Irish Walks were held in Dublin in February 2005, and are being run annually.



WHAT HAPPENS ON THE EMMAUS WEEKEND?

- The Walk to Emmaus is a 72 hour experience of Christian spiritual renewal and development.
- The structured programme begins on Thursday evening and ends on Sunday evening.
- You will enjoy three busy days singing, learning, praying, worshipping, laughing and participating in small groups.
- Discussions centre around fifteen short talks given by both laity and clergy.
- You'll discover more about God's grace, how you live a life of grace, and bring grace to others.
- You'll have the opportunity to participate in the daily celebration of Holy Communion.
- You will experience God's grace personally through the prayers and acts of anonymous service offered by the Emmaus community.
- You will leave with an experience of Christian love in action that will equip you for new levels of grace-filled service and leadership.

WHAT HAPPENS AFTERWARDS?

You will be encouraged to:

- Expand your own spiritual life through worship, study and active participation in your local church.
- Become a more active disciple of Christ in your home, your work, your community, and the world.
- To help you do this there are monthly community gatherings, and Emmaus small groups.

